



WHENUAPAI SCHOOL NEWSLETTER 5

14 Airport Road, Whenuapai Phone: 09 416 8779 Email: office@whenuapai.school.nz

A WORD FROM OUR PRINCIPAL...

ASSEMBLY DATES

- Friday 11th May**
9.15am – Year 2-3
- Friday 18th May**
9.15am – Year 0-1
- Monday 21st May**
9.15am – Year 4-8
- Friday 25th May**
9.15am – Year 2-3

DATES FOR YOUR DIARY

- Thursday 10th May**
5.30pm Year 4 Seasaw
Parent Information Evening
- Monday 14th May**
3.15pm - Year 2-3 – ALL
group parent presentation
in the staff room. Parents of
students in this group have
been notified. We look
forward to seeing you!
- Friday 18th May**
Pink Shirt Day
- Monday 28th May**
5.30pm BOT Meeting
- Tuesday 29th May**
ICAS Science
- Wed May 30th – Fri 1st June**
Year 5/6 Camp
- Thursday 7th June**
Year 7/8 Open Day

TERM DATES

- Term 2**
30 April – 6 July
- Term 3**
23 July – 28 September
- Term 4**
15 October – 20 December

Dear Parents and Caregivers

Once again thank you all for the most amazing support you have given us over the past two weeks. We continue to be both buoyed and humbled by both your words and actions, and of course an array of delicious treats which I assure you have all been very much appreciated.

This past two weeks has been very much business as usual. It was fantastic to see 85% attendance at our student progress meetings last week – thank you! We are very proud of how the children demonstrated their learning to you all. We have also had parents in school for the ‘Nest’ parent information evening, the accelerated literacy information afternoon for Year 4-8 and the launching of a trial application called Seesaw – a parent/student/teacher portal in Year 4.

As we head into Bullying-Free NZ Week next week, I have attached an article on ‘Assertiveness Tips for Students’ which you may wish to unpack with your children. Bullying-Free NZ Week is an annual nationwide bullying prevention week to raise awareness of how to prevent and respond to bullying and provide an opportunity for our school to highlight our everyday work to counter bullying. This week will end with Pink Shirt Day on Friday the 18th of May.

For parents and caregivers we have a great resource available on our school webpage called ‘Tackling Bullying – A guide for parents and whānau’. This link is also available below:

<https://www.bullyingfree.nz/parents-and-whanau/tackling-bullying-a-guide-for-parents-and-whanau/>.

I hope you all have a wonderful weekend and you all enjoy a special family day on Sunday.

*Ko te ahurei o te tamaiti arahia o tatou mahi.
Let the uniqueness of the child guide our work.*

Kind regards,
Raewyn Matthys-Morris, Principal

Whenuapai School Values

- ◆ Respect ourselves
- ◆ Respect others
- ◆ Respect learning
- ◆ Respect environment



HEALTH & WELLBEING

We would like to remind parents/caregivers about the spread of viruses in school.

If your child is unwell please keep them home.

Information on a number of conditions or illnesses can be found on the website below. Please see a doctor if you are concerned.

<http://www.health.govt.nz/your-health/conditions-and-treatments>

This week there has been several cases of a vomiting bug reported.

SCHOOL LUNCHES

Pita Pit orders available on Friday's only.



Congratulations

Congratulations to two of our amazing teachers Mr Chris Groen and Miss Maureen Mason who graduated last term from their post graduate 'Mindlab' studies.

We are super proud of you both!



Second Hand Uniform

As you know, the school uniform shop is now closed and uniform is ordered online though [Argyle-Online](#)

Any parents who had second hand uniform in the uniform shop to be sold on behalf, we can no longer provide this service. If you would like this uniform returned, please contact the PTA on pta.whenuapai@gmail.com. Any items remaining at 31 May 2018 will be donated to the PTA.

LIBRARY - SCHOLASTIC BOOK CLUB 2018

Book Club brochures will be sent home today. As usual the brochure has a fantastic selection of books and other items at very good prices. All orders benefit Whenuapai School in the form of rewards to enable us to purchase library books and school resources which we otherwise may not be able to purchase so your support is greatly appreciated.

Please, wherever possible use the on-line LOOP ordering system to minimise our administration time. If you do need to send an order to school, please make cheques payable to Scholastic NZ. Any cash orders need to be sent to school in a sealed envelope with your child's full name and room number clearly marked on the front. Please also ensure that the cash is the correct amount for the order as no change can be given.

Orders must be received both on-line and at school by 9.00 am on Monday, May 21st.

Items ordered are received back at school around a week after our cut-off date, orders are checked thoroughly to ensure all items have been received and any back orders noted. If any items not on back-order, are missing, Scholastic is contacted by me on your behalf and an email with details sent to you, the orders are then sent to classrooms for distribution.



Upstart Magazine Article

Congratulations to Nathan Anderson who has featured in the latest issue of Upstart Magazine. This magazine will reach an estimated 150,000 kiwi kids!

Well done to Nathan for demonstrating creativity, proactivity and conscientiousness by writing into the Upstart Magazine, we are very proud of you!



THANK YOU

Thank you to our wonderful students and parents who supported and helped out at the Whenuapai Half Marathon



PINK SHIRT DAY – 18 MAY 2018

For a second year running, Whenuapai School is excited to be participating in "Pink Shirt Day". Pink Shirt Day is celebrated annually around the world as a show of support against bullying. Pink shirt day aims to create Schools, Workplaces and communities where everyone feels safe, valued and respected.

At Whenuapai School we believe that it is important for us to show our support for this excellent cause. We ask that on Friday the 18th of May you send your child to school in a pink shirt. While donations are not expected, we will be collecting anything received to be donated to the New Zealand Mental Health Foundation.

If you have any questions about Pink Shirt day please visit their website at pinkshirtday.org.nz or contact Carla Veldman t cveldman@whenuapai.school.nz

We thank you for your support.



CELEBRATING SUCCESS - #TAGS TOUCH TEAM

Jack, Luke and Michael play for the #tags touch team. The #tags were successful in competing in the A Grade for Year 5/6 touch this season and won the tournament for this grade. The players worked extremely hard over the season to win this event, improving the way they work together and always improving their skills in the next game. Jack was an important member of the team. His defensive skills and quick thinking was an integral part in making the team succeed. Luke was an important member of the team filling in at a moment's notice to support the team to win each game. His defensive skills were always on point never letting anyone pass. Michael was an important defensive member of the team. His quick feet and hands shut down the opposing team and was quick to move the ball to score tries.

Over the season Jack, Luke and Michael's skills in the game of touch have improved immensely. They have a love for the game and it shows in their drive to succeed. All 3 boys show great sportsmanship and drive when playing against others. Additionally, Michael represented North Harbour Touch in the rep team at the beginning of this year at Rotorua. His team were successful and he played like a super star.

The coach, manager and parents of the #tags team are incredibly proud of all three boys as are we here at Whenuapai School.

Well done boys!



PTA NEWS

13th June - 2nd Hand Jumper Sale **22nd June** – Knowledge-a-thon **6th July** - Hellers Sausage Sizzle

Second hand Jumper & Uniform Sale - 13th June - There will be a large selection of second hand jumpers for sale as well as a small section of brand new terracotta jumpers and t-shirts at a reduced price. Sale will be in front of the school office from 8.30am - 9.15am. **Cash only please.**

*If you would like to donate your old uniforms to the PTA to help raise funds, please drop them to the office in a labelled bag.

Knowledge-A-Thon – 22nd June - The Math-a-thon was a great success last year so we're back this year with a Knowledge-a-thon! Closer to the date, a letter will come home to you with information about sponsoring your child, as well as the type and number of questions for your child's year.

Sausage Sizzle – 6th July - Hellers has kindly donated sausages to our school to hold a sausage sizzle fundraiser. This will take place on the last day of term and orders will need to be made through Kindo. We will inform you of the cut-off date for ordering closer to the date. Thanks Hellers, yum!

Entertainment books - You can order 2018-2019 Entertainment books online now. Hard copies of the book are available as well as digital copies. <https://www.entertainmentbook.co.nz/orderbooks/952m82>

Give Mum an Entertainment Membership this Mother's Day and she can enjoy more than 12 months of valuable dining, shopping and travel offers! Buy from us today and you'll also be supporting towards subsidising Learning Programmes & Technology Devices. Hurry, they're selling fast!



Give Mum the one gift she'll use all year

KEY CONTACTS

Principal – Raewyn Matthys-Morris	rmatthys-morris@whenuapai.school.nz
Deputy Principal – Carla Veldman	cveldman@whenuapai.school.nz
SENCO - Sharron Buer	sharronb@whenuapai.school.nz
HOD – Sport	gregb@whenuapai.school.nz
Board of Trustees	wsbot@whenuapai.school.nz
PTA	pta.whenuapai@gmail.com
SKIDS After School Care	whenuapai@skids.co.nz
Team Leaders	
Year 0-1 – Carli Michelsen	carlim@whenuapai.school.nz
Year 2-3 – Carla Veldman	cveldman@whenuapai.school.nz
Year 4 – Chris Groen	chrisg@whenuapai.school.nz
Year 5-6 – Maureen Mason	maureenm@whenuapai.school.nz
Year 7-8 – Karl Ganda	karlg@whenuapai.school.nz

ONLINE PAYMENTS

Payments can be made via our online school shop at mykindo.co.nz

Any queries please contact Mr Tony Hitchcock via email at: thitchcock@whenuapai.school.nz

For any Direct Debit payments:

Bank Account details: 12 3085 0494188 00
Reference: Students Name
Details: The activity the payment is for

If you pay online for more than one activity or pay for more than one student and various activities, please email Tony detailing what payments are for.

For our Policies and Procedures please visit SchoolDocs at: www.schooldocs.co.nz/ User- whenuapai Password- airport

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NOTICES:



Is your child shy? Do they feel intimidated by the idea of public speaking and performance? Do they sometimes find it difficult to make eye contact? Do they just need dedicated time per week to just be CRAZY?!

Come and join the revolutionary self-confidence programme - **Marrzipan!** We run awesome classes at schools, which focus on key life skills and public speaking ability. We play fun engaging games and perform at the end of term once to parents and once to the school. All scripts are original, engaging, educational and HILARIOUS. You can sign your child up for a **Trial Lesson** via our website www.marrzipandrama.co.nz (we have contact numbers on there too, should you prefer to talk to a human!)

KELLY SPORTS WICKED WINTER SPORTS!
LEARN NEW SPORTS SKILLS IN TERM 2

This programme is designed to help kids develop basic skills such as running, kicking, throwing and catching, all in a fun, engaging and exciting environment.

BOOK ONLINE NOW AT **KELLYSPORTS.CO.NZ**

INFORMATION FOR PARENTS | MULTI-SPORT PROGRAMME

Programmes run weekly on one day a week for one hour.

This term we will focus on the following sports:

- ✓ Hockey
- ✓ Fun Ball Games
- ✓ Dodgeball
- ✓ Rippa Rugby

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.

For year 0 – 4 students.

PRICES FROM \$65 – \$85

- Greenhithe School - Monday, 310-410pm (7 weeks, \$75)
- Marina View School - Tuesday, 310-410pm (6 weeks, \$65)
- Oteha Valley School - Tuesday, 305-405pm (6 weeks, \$65)
- Pinehill School - Wednesday, 310-410pm (6 weeks, \$65)
- Hobsonville School - Thursday, 310-410pm (6 weeks, \$65)
- Whenuapai School - Friday, 310-410pm (6 weeks, \$65)
- Hobsonville Point Primary School - Friday, 310-410pm (8 weeks, \$85)

Wicked Winter Sports starts week of 7th May 2018. In case of poor weather, Greenhithe and Hobsonville Point sessions will be in the school hall. For other schools with no available covered venue, children's wellbeing is our priority and parents will be notified of any cancellations on or before 2PM. Makeup sessions will be arranged accordingly.

BOOK EARLY & SAVE

Use the voucher code 'earlybird' before 2nd May to save!

Website: kellysports.co.nz/upperharbour

Contact: Russ Davis

Email: upperharbour@kellysports.co.nz

Phone: 021 409 455

Facebook: facebook.com/KellySportsUpperHarbour



Hilton Brown SWIMMING Lessons for life
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- Our monthly booking system means children are constantly assessed and progressed.
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Or call us now to book:
Hobsonville – 5 Rawiri Place, Hobsonville, Ph: (09) 666 0240
Also at Albany – Volkner Place (off Bush Road), Albany, Ph: (09) 414 5484
www.hiltonbrownswimming.co.nz

Learn to play basketball at the Y

The Massey Leisure Centre managed by YMCA are holding **FREE** learn to play basketball sessions every Sunday from 9am - 11am.

This is a great chance for your child to learn the art and skills of basketball.

Sessions are catered towards 5-13 year olds.

9am-10am: 5-9 year olds

10am-11am: 9-13 year olds

We have limited spaces on our programme. For more information, call us on 09 8338100. We are taking registrations at reception ONLY.



PRINCIPALS' DIGESTS

30 Palliser Drive • Hamilton • NZ 3210 • Tel 07 855 7101

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Digests may be copied and distributed in the school community of the subscriber.

Newsletter

Volume 24 Number 21

ASSERTIVENESS TIPS FOR STUDENTS

Assertiveness is the sweet spot between two extremes:

- **Aggressive** – Prioritising your own needs; using threats or violence to get your way;
- **Passive** – Doing things you don't want to do because of pressure or threats;
- **Assertive** – Standing up for yourself without diminishing others; strong, not mean.

Assertive communication is a hard skill to learn. Our culture sometimes tends to reward aggression. Putdowns are framed as humour in cartoons and sitcoms, and the Internet can be a platform for bullying. It's hard to find examples of assertiveness in the public sphere. That's why teachers and parents need to explicitly teach assertiveness so students internalise skills and use them in everyday situations.



Some techniques:

The “nice no” – When a student feels pressured to go along with other people's ideas or invitations (“Do you want to trade lunches?”), it can be effective to say, “No, thanks” or “Thanks for asking, but not today”.

Setting a boundary and holding to it – When asked to do something outside your comfort zone (“Can I copy off your paper?”), it's effective to say, “No, I'm not comfortable with that” and not feel compelled to give reasons.

Asking for some thinking time – When asked for something and you're not ready to answer, an assertive response is to say, “I'm not sure how to answer that right now. Can I get back to you later today?” Ask for the amount of time you need to get more information, weigh other options, and reflect on your feelings about the situation.

Stating your needs – It may seem that others are ignoring or disrespecting your needs when the problem is that you actually haven't articulated them clearly enough. For example, a student might say to a teacher, “Could you please repeat that? I need to hear the directions again”.

Using an “I feel” message – This may be the best way to communicate your feelings and emotional needs so others have a chance to understand – for example, saying to a friend, “I feel sad when you cancel our plans, because I love hanging out with you”.

Responding to aggression – Sometimes an assertive statement is met with an aggressive response. A good next step is to calmly remove yourself from the conversation, saying, “I think I communicated my thoughts clearly, so there's not much more to talk about”.

Acknowledgment: “Modeling Assertiveness with Students” by Kristin Stuart Valdes in *Echtopia*, January 25, 2018